

# Manuel Ompad

Parramatta, NSW, 2150, AU  
[manuelompad@yahoo.com](mailto:manuelompad@yahoo.com)  
+61 424 938 462

Being a swim teacher is my love and passion because I have the opportunity to unleash grass roots potential not only to become future champions in the sport but also in Life.

I instruct swimming for all age groups, ranging from infants to adults, covering beginners to squad-level lessons. My teaching extends to one-on-one private sessions, advanced stroke correction, and specialised instruction for children with special needs. Fuelled by a deep love and passion for this sport, I strive for excellence in my teaching. Drawing from my experience as a former university freestyle long-distance swimmer and triathlete, I bring a wealth of expertise to the realm of swimming instruction.

## Work Experience

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### **Swim Teacher**

Parramatta Aquatic Center - Parramatta NSW  
October 2023 to Present

Teaching Babies, Toddlers, pre school, school age, Squads, beginner Adults and Squad Adults

### **Team Leader**

Rainbow Club Australia - Seven Hills NSW  
January 2021 to Present

- Lead and Swim teacher to children with disability and Special needs Seven Hills Rainbow Club.
- Welcome new members and teachers.
- Develop teachers to enhance their skills, knowledge, and overall capabilities.
- Assess students levels and teachers performance
- Risk assessment, adherence to safety procedures and policy for both students and teachers
- Preparedness for any emergency responses
- Coordinate and answer all issues and concern
- Manage teacher roster and student schedule
- Good customer service

### **Swimming Teacher**

Shelly Swimming School - North Parramatta NSW  
September 2018 to Present

- Teaching bubs and pre school, school age, squads and Adults

### **Swimming Teacher**

Waves Fitness and Aquatic Center - NSW  
June 2022 to October 2023

- Teaching Bubs, pre school, school age and Adults
- Teaching people with disabilities

## **Swimming Teacher**

NexGen Australia Ryde - Sydney NSW  
November 2021 to 2023

Swimming Teacher For diverse cultures and diverse ages from babies to Older Adult.

## **Sales**

Kamani Aquatics - Phillipines  
June 2015 to August 2018

Managing my own business selling ornamental fish, fish food and aquarium products.

## **Non- Commission Officer**

Presidential Security Group - Manila  
November 1999 to June 2015

During my service from November 1999 to June 2015 in the Armed Forces of the Philippines, specifically the Philippine Air Force, I dedicated a decade to the Presidential Security Group—an Elite unit responsible for safeguarding the President, First Family, visiting Heads of State, and other VVIPs. My primary focus was ensuring the security of these dignitaries, while also managing administrative, logistics, and financial responsibilities as a Non-Commissioned Officer. Throughout this period, I honed skills in customer service, reliability, and resilience. As a team player, I approach my duties with passion and commitment.

## Education

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### **Certificate III in Sports and Fitness**

TAFE St Leonards - NSW  
June 2023 to December 2023

### **Bachelor Degree in Accountancy in Accounting**

University of San Carlos - Cebu Philippines  
June 1994 to March 1998

## Skills

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- Government Accounting, Swimming Instructor, Admin, Logistics, Vip Security (10+ years)
- Teaching
- Classroom Management
- Toddler Care
- Special Education
- Time Management
- Swimming
- Lifeguard
- Microsoft Word
- Special Needs
- Microsoft Excel
- Surveillance

- Facility Support (10+ years)
- Journal Entries
- General Ledger Reconciliation
- Tax Experience
- General Ledger Accounting
- Customer service

## Certifications and Licenses

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### **AUSTSWIM Licence**

October 2023 to October 2026

Teacher of Infants and Pre school  
Autswim Competency Assessor  
Teacher of Swimming and Water Safety  
Teacher of Aquatics -Access and Inclusion

### **Swim Australia Licence**

June 2022 to June 2025

Swim Australia - Teacher of Competitive Swimming

Swim Australia- Teacher of Adults  
Freestyle,Breastroke,Backstroke and Butterfly Stroke

### **Pugles Skipper Teacher**

February 2023 to Present

- Teaching persons with disability